

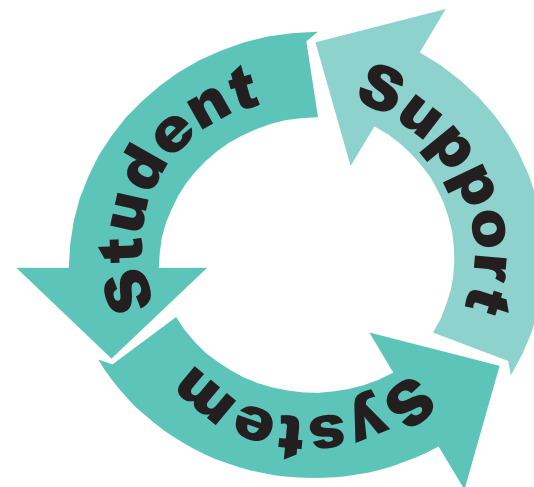
In your school, student services professionals are there to support you and help you be successful. Counselors, nurses, psychologists and social workers can provide assistance in many different areas. They can also guide you to an appropriate resource in the school or outside of school if this is needed. The names and phone numbers of the student services staff in our school are listed below. You may call the person directly for an appointment, or stop into their office to talk or make an appointment. Most of the time, your conversations with student services staff are confidential. There are some exceptions that involve situations where you might be at risk of being harmed or of hurting yourself or someone else.

**Student Services Directory:**

**Where to Get Help:**

<b>First Call for Help.....</b>	<b>211</b>
Access Community Health Centers.....	443-5480
Briarpatch 24 Hr. Crisis Line.....	251-1126
Blue Bus Clinic .....	265-5600
Centro Hispano .....	255-3018
Dane County Human Services	
Child Abuse & Neglect, Protective Services Referral, and Family Counseling.....	261-KIDS
Domestic Abuse Intervention Services.....	251-1237
Family Services .....	252-1320
Madison Police Non-Emergency .....	255-2345
Mental Health Center of Dane County .....	280-2600
24 Hour Crisis/Suicide Prevention Line .....	255-4297
Outreach.....	255-4297
Prevention and Intervention Center for Alcohol and ther Drug Abuse (PICADA).....	246-7606
Parental Stress Line .....	241-2221
Planned Parenthood Central .....	256-7257
Rape Crisis Center .....	251-7273
University of WIsconsin Hospital & Clinics	
Adolescent Alcohol Drug Abuse Intervention Program.....	262-1111

The Madison Metropolitan School District does not discriminate in its education programs, related activities (including School-Community Recreation) and employment practices as required by applicable local, state and federal laws.



**Are you worried about...**

- Your grades?
- Your health?
- Problems with a teacher or family member?
- Conflicts with peers?
- A friend's alcohol or drug use?
- Your sexual identity?
- Your safety?

**A student services professional can help you or refer you to someone who can.**

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## **Counselors provide:**

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### **Academic Support**

- Individual academic planning and goal setting
- Academic skills support and orientation
- Consultation and collaboration with teachers and other support personnel around academic issues
- Alternative school information and referral (Night School, Work & Learn, TLC, Pathways, Operation Fresh Start)

### **Post High School Planning and Support**

- Post high school planning – individual, group and family presentations and consultation
- Career exploration and planning
- Transition plans between school and careers
- Employability skills and job information
- Administration and interpretation of assessments-PSAT, PLAN
- Information about scholarships and financial aid

### **Social/Emotional Support**

- Problem-solving
- Individual and group counseling
- Assistance when a crisis occurs at school or home
- Support for peer mediation
- Referrals to appropriate agencies

## **Nurses provide:**

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- Assistance to get medical, dental, or mental health care

- Care for sick or injured students including initial emergency care
- Help with chronic illness (asthma, diabetes, epilepsy) management
- Administration of medication (or medical procedures) if needed during the school day
- Advice on how to care for yourself and be an effective health care consumer
- Screening for hearing and vision problems and assistance in obtaining glasses if needed
- Review of immunization records and recommendations about needed immunizations
- Education about healthy lifestyles and disease prevention
- Assistance to get sports physicals
- Screening and referral for alcohol and other drug concerns
- Assistance to pregnant and parenting teens
- Individual and group counseling including “Quit Smoking” groups

## **Psychologists provide:**

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- Individual and group counseling to help students solve problems
- Assistance and information about mental health issues such as protective behaviors, alcohol/drug abuse and depression
- Assistance when a crisis occurs at school or home
- Help for behavior or discipline problems

- Help with concerns about grades or any other classroom issues
- Information about educational programs such as Special Education, high school alternatives and other alternatives
- Testing as part of school evaluations for learning or social-emotional-behavioral issues
- Assistance and information so that students can get help outside of school such as making an appointment with a mental health care provider

## **Social Workers provide:**

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- Assistance when a crisis occurs at school or home
  - Conflict resolution
  - Help with decision making about life issues such as avoiding the use of alcohol and other drugs
  - Help if someone is in an abusive situation or violent relationship
  - Individual and group counseling to help students solve problems
  - Assistance with attendance and alternative school programs
  - Help with friend and family relationships, loss, or mental health problems
  - Support groups on a variety of topics
  - Help to remain in school and graduate
  - Assistance finding community services
  - Assistance to parents on school and teen issues
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