

Elementary School Wellness Policy Implementation Review

School Name _____		Date _____		
			Compliant with District Wellness Policy	
*Nutrition		*Student nutrition competencies posted on district web-site along with BOE approved "Wellness Policy" 4610	Yes	Progress
	First Grade	Nutrition competencies are integrated into content areas		
	Third Grade	Nutrition competencies are integrated into content areas		
	Larger School Community	Nutrition policy is implemented when planning and implementing school sponsored activities		
	Parent Information	Nutrition information is provided to parents on an ongoing basis. (Newsletters, school website, etc.)		
		If not in compliance, explain.		
Physical Activity			Yes	Progress
	Physical Education	Instruction is provided in three thirty minute periods three times a week for the duration of the school year.		
	Co-curricular Activities and Recess	Supervised recesses and activity breaks are provided throughout the day.		
	Parent Information	Information is provided to parents regarding student physical activity goals on an ongoing basis. (Newsletters, school website, etc.)		
		If not in compliance, explain.		
Nutrition Guidelines			Yes	Progress
	Length of meal	At least 30 min lunch break and 10 min to eat breakfast.		
	Food in classroom	Food eaten in classroom consumed at a table or desk. Food prepared at school complies with approved guidelines		
	Parties and celebrations	Consolidate celebrations that include food and consider non-food activities for celebrations		
	Sales	No vending machine or school store sales		
	Food as reward	No food rewards or use as manipulative		
	Food fundraising	No candy given or sold to students during the school day. After 9/1/2008, candy will not be offered for sale as part of any school related activity or fundraiser.		
	Non food services foods	Food prepared at home or at school to be served to students and staff prepared in accordance with <i>School Potluck Food Safety Guidelines</i> brochure		
	No nuts or seeds	Projects will be peanut- and nut-free. Edible seeds and nuts shall not be used in classroom projects.		
	Classroom snack	A list of foods suggested as appropriate for elementary snack times will be developed and distributed annually.		
		If not in compliance, explain.		
Assessment			Yes	Progress
	School Wellness Committee	Responsible for planning, implementing and communicating the school wellness plan.		
	School Improvement Planning Team	Responsible for monitoring and measuring the implementation of the school wellness plan		
		If not in compliance, explain.		